



All About Rose *Rosa damascena*

History

Used by many ancient civilizations for its medicinal properties for skin conditions, fever, liver-digestive disorders and in perfumery. The queen of all essential oils, it is one of the most complex with over 300 chemical properties.

Roses used in essential oils

There are approximately 10,000 different species of roses known, only about 150 have a strong fragrance. Of these, only 4-6 are used for producing essential oils. The main growing areas of rose is Bulgaria, Turkey, Morocco, and France.

Rosa = rose derived from the Greek *rodon* meaning red.

Common name	Botanical name
Damask Rose, Rose Otto	<i>Rosa damascena</i>
Cabbage Rose, Rose Maroc, Rose de Mai	<i>Rosa centifolia</i>
White Rose	<i>Rosa alba</i>
Apothecary Rose	<i>Rosa gallica officinalis</i>

Plant Signature

Its petal represents the layers of knowledge gained. More than a beautiful flower, rose is healing on all levels.

Herbal remedy ~ drunk as a tea it helps clear toxins and heat from the body

The Essential Oil ~ skin rejuvenation, nervous tension, extreme grief, post-natal depression

The Hydrosol (Floral water) ~ skin rash, allergies, hot flushes, liver congestion

The Flower Essence ~ increased confidence and self love, works on the heart chakra

Planetary association ~ venus

Crystal association ~ rose quartz, green aventurine

Chakra: heart & sacral

Elemental association ~ fire

The Symbolic Meaning of Rose

Flowers are the messengers of our most sacred feelings with a language of their own. As a gift they are able to express our feelings and passions.

Red: true love, passion and desire

Yellow: jealousy

White: loyalty

Pink: elegance and refinement

Purple: wisdom, a time of discretion

Orange: friendship, trust

Black: transformation, rejuvenation

Important: The information given does not replace medical advice or opinion.

Reprinted and expanded from Earth Girl Creations Newsletter issue 13 January 2007